

Thomas Interior Systems: ERGONOMIC SERVICES

Thomas is dedicated to helping our clients improve their office environments. Our physical therapist specializes in office ergonomics and has trained individuals to reduce their exposure to risk factors at work. Thomas offers tailored ergonomics programs to equip a company with the knowledge to provide comfortable and safe working environments.



Would your organization like to:

- Decrease the occurrence and severity of work related injuries in your office?
- Increase the productivity and accuracy of each worker?
- Understand the OSHA ergonomic guidelines?
- Meet the needs of employees who have experienced a work injury?
- Improve the health, safety, and comfort of your

Thomas offers the following **ERGONOMIC SERVICES** to assist you:

- ✓ **Employee Seminars** that cover the basics of ergonomics, risk factors, and preventative measures. These seminars are designed to inform and educate each attendee so they will be capable of making practical changes which will make a comfortable and productive work environment for themselves and their co-workers while following the general OSHA guidelines.
- ✓ **Overall office environment assessments.** These consultations will assess the layout or the office environment, the appropriateness of performing the work tasks in their work space, and implementation of controls to reduce hazards and risk factors.
- ✓ **Individualized workstation “fit-ups”** that create solutions for employees with ergonomic concerns or risk factors. The “fit-ups” will cover the OSHA checklist and provide written recommendations for adjustments to individual work environments.
- ✓ **Assistance with the set-up and implementation of an Ergonomic Management Program.** This develops a strategic ergonomic plan for companies that have had employees suffer from injuries, and that want to set up a program that follows OSHA guidelines.



A Typical Program:

- 1) *1-2 hour seminar on the basics of office ergonomics*
- 2) *Individualized “fit-ups” for personnel to review their work space risk factors*
- 3) *Consultations with any individuals that have experienced work injuries*
- 4) *Discussion with management on how to implement an Ergonomic Management Program*

For more information on the Thomas Ergonomic Services, and how these programs can be tailored to meet your organization's needs, please contact the Sales Department at Thomas: 630/980-4200 or info@thomasinterior.com